SENTARA®

YOUR COVID-19 VACCINE QUESTIONS: ANSWERED

ARE THE VACCINES SAFE?

- **Yes.** While these vaccines are being developed quickly, the Food and Drug Administration (FDA) has rigorous standards and procedures to ensure the safety of any vaccine.
- Clinical trials must show COVID-19 vaccines are safe and effective before use. People of different ages, races, ethnicities, as well as those with different medical conditions, participated in these trials.

ARE THERE SIDE EFFECTS?

- Some people may experience mild symptoms including muscle pain at the injection site, fever, headache, or fatigue. These symptoms usually go away on their own within a few days and signal that your immune system is working.
- Very few serious side effects have been reported.
- The FDA and CDC continue to monitor the safety of COVID-19 vaccines.

SHOULD I GET A VACCINE?

- Experts believe getting a COVID-19 vaccine may keep you from getting seriously ill, even if you do get COVID-19.
- Vaccinations protect you by creating an antibody response without having to experience sickness.
- The vaccine may also protect people around you, particularly those at increased risk for severe illness from COVID-19.

HOW IS THE VACCINE ADMINISTERED?

- The vaccine is injected into your arm, just like a flu shot.
- Both the Pfizer and Moderna COVID-19 vaccines require two doses, an initial dose and then a repeat vaccination 3 or 4 weeks later.

HOW CAN I GET A VACCINE?

- Healthcare workers with the highest risk of COVID-19 exposure and residents and staff of long-term care facilities will get the vaccine first.
- We are working with state departments to distribute the vaccine equitably across the communities we serve once additional supplies are available.
- The vaccine may not be available to the general public until Spring 2021.
- We will continue to share updates as we learn more information.

For the most up-to-date information, visit Sentara.com